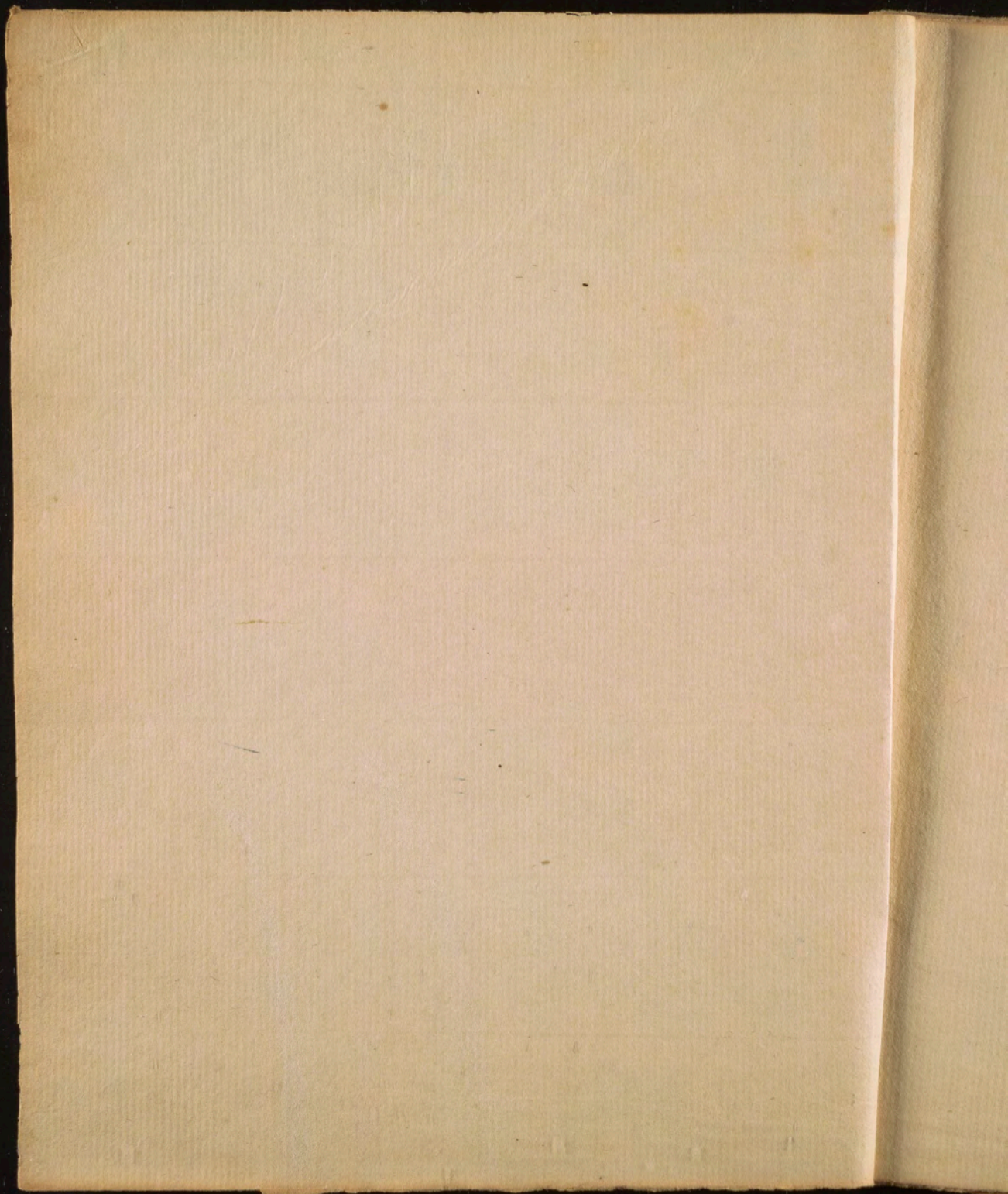
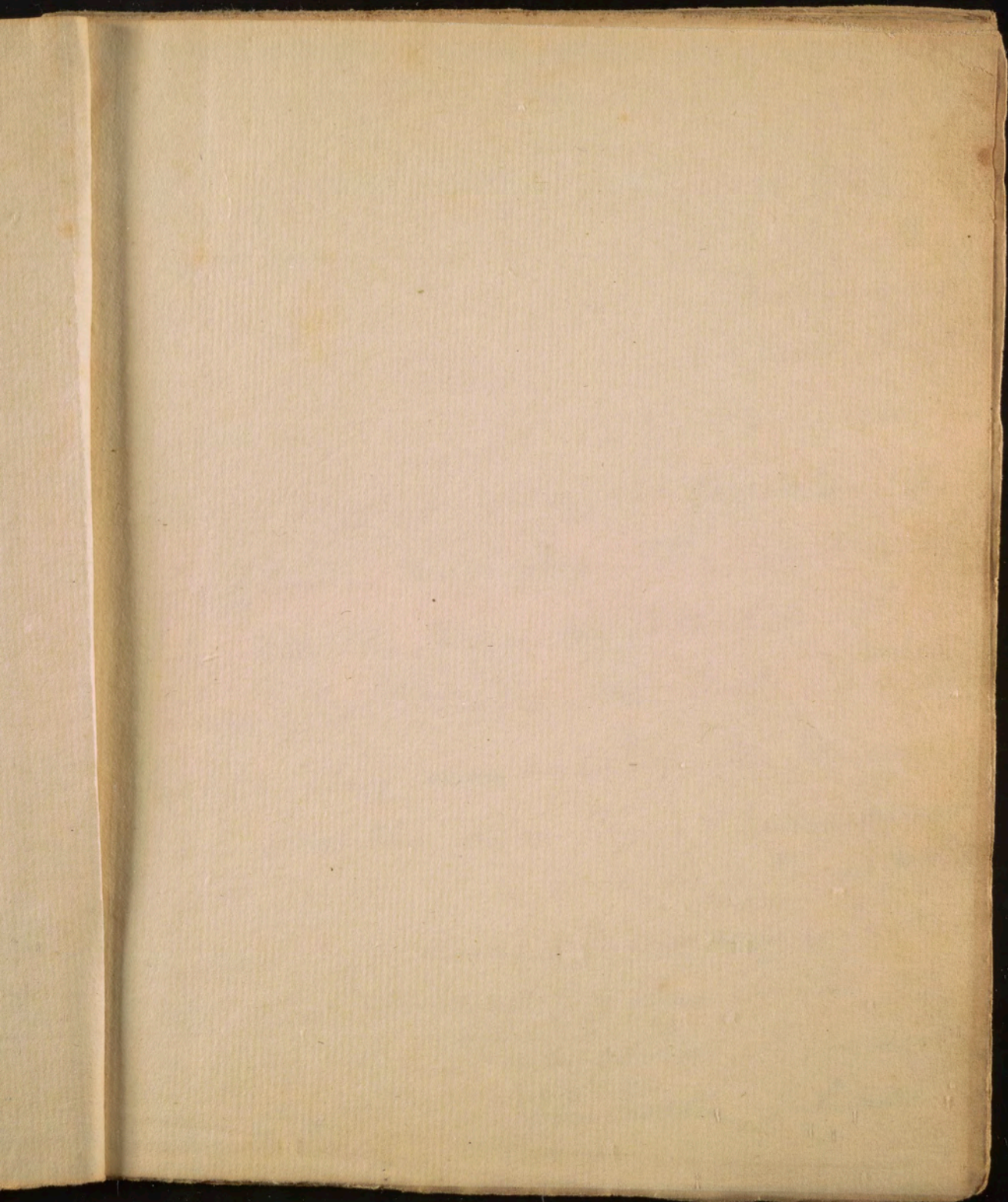


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Diarrhoea

This disease consists ⁱⁿ of frequent stools dis-
-charged with or without pain, & sometimes
with a burning sensation in the bowels &
rectum, especially upon going to stool, but
seldom with any fever. The discharges are
of a Dark, or green or clay color. The
two former arise from the mixture of
bile with the stools, - the latter from the ab-
-sence of bile. ~~When~~ the stools are ^{white,} ~~of a~~
of a clay color or white, the disease has
been called the colicæ flux. I have supposed
this white humor to be chyle, & derived from
the liver. ^{2^{ly}} ~~Secretions~~ Mucus only is dischar-
-ged from the bowels. Of this form of
Diarrhoea I have seen several instances.
They generally ended in death. I have

✓ but it is sometimes absorbed from
Abscesses in other parts and conveyed out
of the means by means of diarrhoea.

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called it a *Gonorrhoea* of the bowels. Vogel calls
a *Leucorrhoea* of the bowels from its resem-
-bling that disease in women.

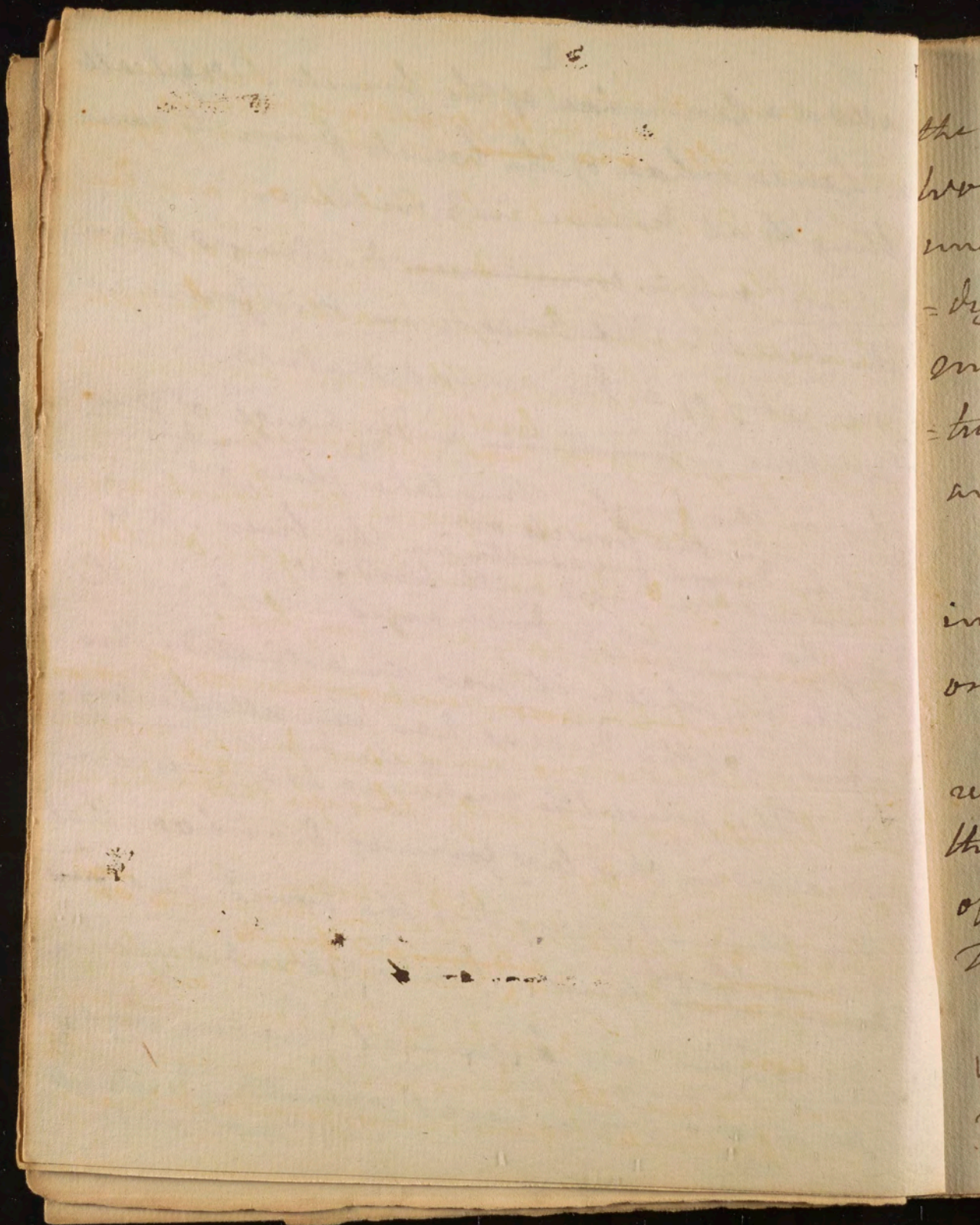
3 Water only is ~~from time to time~~ discharged from
the bowels. This disease in this form is
generally of a transient nature

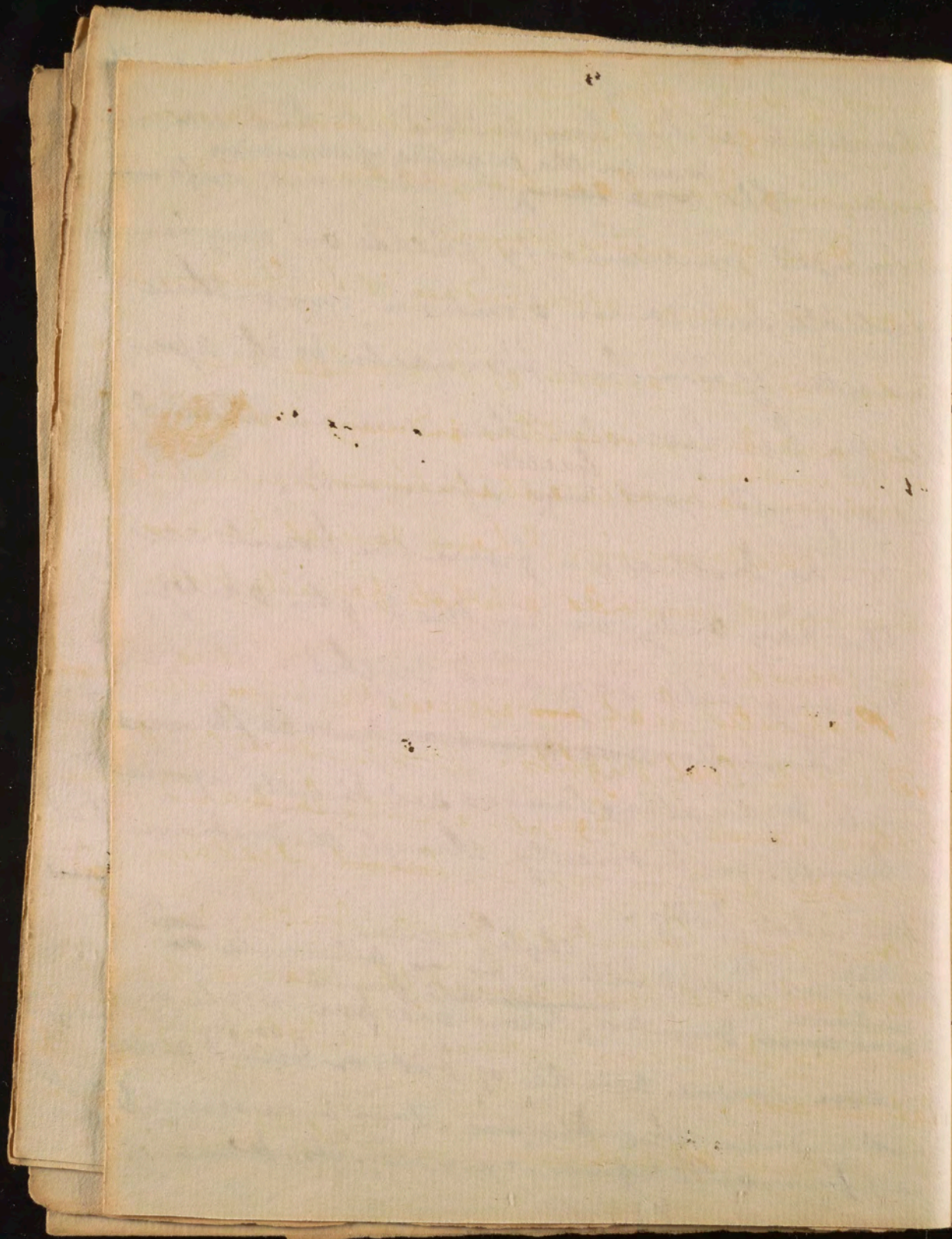
4 There is ~~from time to time~~ a discharge of ^{pus}
from the bowels. This takes place ^{most commonly} from an
Ulcer ^{in the bowels or} ~~very frequently~~ in the liver. It is

now and then tinged with blood; V

5 The Aliment is discharged nearly in the
state in which it was unasticated. This
form of the disease has been called Lientery.

The peristaltic motion ^{of the bowels} is so much en-
-creased in this last form of *Diarrhoea*, that
the Aliment passes thro' the bowels in a ^{very} ~~few~~
~~minutes~~ ^{short} time. Jones attended a woman
in whom an inguinal rupture was notified,
and who for several months discharged
not only





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kinds of water often induce it.
2 Drastic purges. I have several times known
a distressing Diarrhea brought on by an
active dose of purging physic.
3 Worms. These often induce it in children.

It The indirect Causes of Diarrhea are

- 1 Cold and damp weather inducing obstruction
of perspiration.
- 2 Humorismatic exhalations particularly
from the privies. I have several times
known it pervade a whole family from
this cause.

3 Protracted heat ~~and~~ especially ^{it is} when atten-
-ded with Cool nights. It is produced chiefly
by this cause in Egypt, in the East and
West Indies, and in warm ~~land~~ weather
in our own Country. In the Southern
States where it has received the name of a
Downward Consumption, it is often a fa-
-tal disease.

4 The gut often fixes upon the bowels,

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and produces a distressing Chronic Diarrhea.

5- A Dysentery sometimes passes ends in a Diarrhea.

6- It is now and then produced by pyrexia, also

7- by the Conflict which takes place in the System between the Veins and Arteries about middle life.

The Duration of this Disease is from four or five days to fifteen and twenty years. I have known two instances in which it continued for those periods without shortening life. One of the Subjects of that protracted Diarrhea lived to be 78, and died of the feebleness of old age. It is remarkable further, that it often continues for years with impairing the Appetite, or being attended with a diminution of fat. I have

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head &c. being attended in One Case with an increase of fat. But more ordinarily it impairs the Appetite, reduces the body in size and weight and shortens the duration of life.

The Remedies for this Disease should be suited to the State of the System, and to its Causes.

In all Cases where the pulse is full or tense, or where Signs of fulness appear in the System with a natural pulse, it will be proper to begin the Cure with 1 Bluding. I was led to prescribe this ~~medic~~ remedy by the successful practice of ^{which follows} Sydenham in the diarrhoea ^{of the} menoles. The prescription books of our hospital contain many records of its efficacy in this disease, nor have I employed it with less advantage in

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in my private practice. After bleeding,
2 Purges should be employed. Rhubarb in
substance, in tincture ^{or} ~~and~~ in Syrup
should be preferred for this purpose.

3 Emetics of Ipecacuanha have been
eminently useful in this disease. They
should be repeated two or three times a
week while the pulse retains any acti-
vity. They dispose the fluids to a contin-
-tual dissection, and they produce a
counteraction to the increased peristaltic
motion of the bowels.

4 Griates. These should be given in small
doses during the day and larger ones at
night. They may ^{be} given with half a gr.
or more of Ipecacuanha three times a day
in the form of a pill, and in the form
of Dover's powder at bedtime. we have

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been too timid in the use of this medicine
 in this disease, ~~but~~ ^{lest} it should bring
 on delirium or an undue degree of coma.
~~Prohibit how etc~~ But even this excitement
 or depression of the brain would be useful,
 for how seldom do we find either of them
 or any other disease of the brain with
 a diarrhoea? On the contrary they are
 all generally attended with Constipation.
 If helium it would be both safe & useful
 to lock up the brain, or to produce mor-
 bid excitement in it for four & twenty
 hours in all cases of diarrhoea after the
 reduction of the Arterial System to its na-
 tural grade of action.
 5 Demulcent ^{and Diluting} Drinks. The Disease is some-
 times kept up by a morbid action ^{and diluting} in
 the bowels, for which reason a Demulcent
 Drinks should be given in liberal quantities.

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Even when the Cause of the Disease is not
 a morbid Acrimony, the discharge of
 Mucus from the bowels renders demul-
 cent remedies necessary to supply its place,
 and thus to ease the pain which ~~is~~
 the Abatement and ordinary contents of
 the bowels give by coming in contact
 with the ~~inner~~ ^{inner} coat of the bowels abra-
 ded of ^{this} ~~its~~ mucus. These demulcent^{and diluting}

Drinks should be flavoured and mallow
 Gum arabic dissolved in water,
 tea & Rice boiled in water, with $\frac{1}{3}$ boiled
 with $\frac{2}{3}$ water, ^{peppermint and camomile tea} chicken water & liquors
 of a like nature. Even toast tea by diluting
 this Acrimony lessens the irritation &
 pain given by it by the bowels. I have
 once known a cure performed by it.
6. Astringent & cordial medicines. An

~~Demulcent~~

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immense number of formulas belong
to this class of medicines. I shall select
the most useful of them, and such as
I have employed with the most success.
They are: The Chalk Julep composed of
Chalk from ℥i to ℥ij Liquid Laud: burn
℥i to ℥ij Cinnamon or mint water ℥i
common water ℥v. a table spoonful
of this mixture should be taken every
two or three hours Sweetened with loaf
sugar, and shaking the Vial. To this
mixture may be added occasionally ℥i of the
Salt of tartar and from ℥ss to ℥i of the
tincture of Gum Kino.

2 Galls ~~℥ss~~ ℥ss nutmegs or Cinnamon ℥ij
boiled in ℥vi of water to ℥ss. then strain
it, and add ^{to it} as much Brandy or Old Spirit
℥ss and as much loaf sugar as will
make

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it pleasant. Of this from a table to a wine
glass full may be taken three times a day.

3 The powder of loaf sugar ℥i Brandy ℥ij
Two teaspoonsful of this mixture may
be taken three or four times.

4 Fine wheat flour ℥i Brandy ℥ij taken
in the same manner as the last pre-
scription first stirring it well, & sweetened
if agreeable, with loaf sugar.

5 Vinegar and molasses of each equal
parts boiled together. From a table to a
wine glass full of it taken three or four times
a day as warm as the patient can swal-
low it.

6 French made ~~as rich as possible~~ into a thin Syrup. I have
~~known~~ known two persons cured by this
remedy.

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7 A sheet of paper boiled in a quart of milk until it was ~~up~~ broken into small pieces and intimately mixed with the milk. That quantity of this medicine should be taken daily.

8 ~~Pale~~ Chalk ℥ij Pomegranate Bark ℥ij.

Mintmeg ℥ij Laud: gth 36 ~~to~~ intimately mixed and divided into 12 doses one of which should be taken three times a day. This prescription ~~a~~ little is taken from the venerable Dr. Meibom whose word alone is a host of testimony in its favor for he was a truly good man as well as an able physician. I have used it often, and always with more or less success. It once cured ~~this~~ diarrhoea of two years

12 ✓ The inner Bark of White pine
made into a direction. When sweetened
it tastes as well as looks like chocolate.
It is an Indian Remedy. - 2 James of
wasp.

continuance in a patient of mine from
the West Indies.

The powder, and
9 Infusions of Tormentil root & pomegranate
bark, in water, Spirit or Wine, also the ex-
tract of the Persimmon of our Country.

10 White Vitriol in doses from 2 to 6 grains
two or three times a day.

Two thirds
11 Wax melted with one third ^{tar} made
into pills, of which two or three should be
taken three times a day. The wax may be
taken dissolved in milk by means of the
white of an egg. — I have done good
with this medicine after all the common
formulas had been given to no purpose.

✓ 12 Muston root ~~to~~ boiled in milk with
a little starch & loaf sugar in the
proportions mentioned formerly in

by
✓ ~~the~~ 7. All these astringent, cordial
demulcent and diluting remedies should
be assisted by Glysters. These should be
composed of Infusions of Galls, Chalk &
water, Starch boiled in water, milk,
peppermint & Camomile tea. ~~For~~ ^{The}
Quantity injected of each should not
exceed Zij lest the bowels should be
irritated ~~by~~ ^{to} discharge it by the stimulus
of distention, and from one to two
teaspoonful of Laudanum should
be added to each of them. Dr Clark advises
a few grains of tartar emetic dissolved
in water to be injected into the bowels in
order to excite a new action in them.
I have never ~~been given~~ ^{prescribed} this medicine,
but I have often advised from ss to Zi
of Guaiacum mixed with Zij of water
and a teaspoonful of Laudanum to be given
as an injection with great Advantage.

treating upon the Dysentery. —

✓
 § Diet and Drinks regulated by the state of
the System. If the Stools be Dark coloured,
 the food should consist of Rice in all the
 usual forms of preparing it, boiled milk,
 a gruel made of flour tied up in a rag,
 and boiled for four or five hours, Arrow
 root boiled with cinnamon, toasted
 bread, boiled and afterwards toasted / potato-
 toes and biscuit. It is common to
 forbid summer fruits in this disease,
 but we have several cases upon record
 of its having been cured by Strawberry
 and black berries. The more astringent fruits
 should be avoided.

If the stools be green, and if ^{eruit} ~~eruit~~ a
 sour odor, or if the stomach be affec-
 -ted with acidity, or flatulency, the

[Faint, illegible handwriting in a cursive script, likely from the 18th or 19th century. The text is written in brown ink on aged, slightly discolored paper.]

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Diet should consist of ~~and~~ mild animal
 food, such as the lean of fat meat,
 salted meat, and salted fish & eggs. ~~& cheese.~~
 There are cases in which food difficult of
 digestion has cured this disease such as
 fat pork, and old cheese. They act by
 attracting excitement from the bowels,
 to assist in digesting this ~~them~~, & thus
^{encrease} restrain this peristaltic motion. The
 drinks taken with this aliment should
 be port wine & water, or porter by itself or
 mixed with water. ~~The dieting and the~~
 a diet consisting exclusively of milk has
 sometimes cured this disease. A nurse in
 who ~~she~~ had been afflicted with a diarrhoea
 for three years was perfectly cured by

[Faint, illegible handwriting, likely bleed-through from the reverse side of the page.]

[Faint, illegible handwriting on the right edge of the page, possibly from an adjacent page.]

Swallowing the milk of a lady whom she
nursed after she has lost her child. This
milk may be imitated by adding a little
Sugar to Cow's milk.

~~98~~ 99. Blister applied Alternately to the Wrists
and Ancles act powerful upon this disease
from the Sympathy of the Skin with the
bowels. I have employed them with great
Success, A former pupil of mine gained
an immediate establishment in ^{in Virginia} business
by curing a respectable Citizen of a diar-
-rhea of a Chronic nature by this remedy.

~~100~~ 101 Pruritus The advantage of exciting this
counteraction ^{tion} upon the Skin is further
evinced by a Cure having been performed
Upon a patient who had long been af-
-flicted with this disease by burning

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his foot, and the case formerly mentioned
from Dr Dawson of ~~the~~ a patient in the
Infirmary of Edin² being cured by being
severely flagellated with a stick by a
person with whom he had quarrelled.

10 The warm Bath. Dr Filton employed ^a
this remedy with great success in the
Chronic Diarrhea which prevailed in the
American Army during the revolutionary
war.

11 The Cold Bath. This remedy ~~was~~ cured
the Rev^d Dr Ewing formerly Provost of the
University of Pennsylvania, after all the
usual remedies had been employed in
his case to no purpose. Both the warm
& cold bath act like blisters by exciting
the action of the torpid vessels of the
skin.

V. What would be the effect of exciting an action in the blood vessels of the brain by means of strong drink so as induce a moderate degree of intoxication? It would probably act in the same way as Opium.

12 Warm Drefes, more especially to the bowels and feet.

13 Tight bandages around the belly. I before mentioned the manner of this action.

14 Exciting the Action of the Arterial Sys-
-tem. I have twice known it cured by an
Attack of Phrenisy, and that too in a single
night in one of them which had con-
-tinued three months. The cold & warm
bath probably do good in this way, as well
as by exciting the Action of the Skin. V

15 A Labriation. This remedy is highly
Commended by Dr. Clark. I have em-
-ployed it for many years & always with
-Success. It does service not only by ex-
-citing a new and revulsive action in
the throat, but it removes Obstructions,
or restrains a wrong Action in the Liver

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with both of which a ¹⁹Diarrhoea is
often connected, and which too often
exhibit no marks of their existence.
- It is to be regretted that we are not al-
- ways successful in producing the mer-
- curial disease in the throat and
mouth. The Diarrhoea often prevents the
calomel being given internally. In this
case we are obliged to rely upon external
applications only which are less certain
than when the mercury is ~~to~~ conveyed
into the system by the mouth.

16 Exercise on horseback.

17 A Change of Residence. I said for-
-merly it was sometimes induced by
bad water and offensive privies. By

[Faint, illegible handwriting in a cursive script, likely from the 18th or 19th century. The text is written in dark ink on aged, slightly discolored paper.]

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removing from both, a cure has some-
 times been effected. A Change of residence
 from town to Country, or Country to town,
 or from a ~~low~~ low to a high situation,
 or vice versa have all been useful
 where the Disease was not derived from
 either of the two Causes I have mentioned.

18. A Change of Climate professing that
 which is the reverse of the Climate in
 which the Disease was generated.

19. A Seavoyage: This, if attended with sickness
 and Vomiting has often done service in this
 disease.

20. Dr Bonet recommends the Application of
Astringents to the Soles of the feet. He supposes
 they contract the bowels by their sympathy
 with ^{that part} ~~the soles~~ of the feet body.

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As the liver is often affected in this Disease,
 what would be the effect of a Caustic appli-
 -ed to the external region of the liver?

21 ~~to~~ I have said our remedies should
 be accommodated to the causes existing
 causes of the ~~disease~~ ^{disease}. All such of them
 as are within our power should be
 removed, ~~prejudicially~~ or the patient
 be removed from them. If the disease
 arise from worms, which is often the
 case in children, they should be destroyed
 by the medicines to be mentioned here-
 - after for that purpose. If burn, gout
 all the remedies that are employed to
 prevent, or cure it should be prescribed.
 The signs of a favourable issue of this

V child of diarrhoea from visceral Ob-
-structions, Obstructions in the mesentery,
inflammation & ulcers in the intes-
-tines, and lastly no mark of disease
of any kind a remarkable case of
which is related by Dr Lind.

In this case what would be the
effect of Stimulants applied to the
Spine?

